

State Health Department Contact Information

Alabama

SHD: 1-800-252-1818

[Contact Form](#)

Alaska

SHD: 907 465-2515

Hss.dpa.offices@alaska.gov

Arizona

SHD: (602) 542-1025

Arkansas

SHD: (501) 661-2000

[Contact Form](#)

California

SHD: (877) 696-6775

Colorado

SHD: (303) 692-2000

Cdphe.commentsapcd@state.co.us

Connecticut

SHD: (860) 509-8000

Dph.phep@ct.gov

Delaware

SHD: (800) 200-5424

dphcall@delaware.org

Florida

SHD: (850) 245-444

Georgia

SHD: (404) 657-2700

Hawaii

SHD: (808) 586-4400

<https://health.hawaii.gov/about/contact/>

Idaho

SHD: (800) 926-2588

mybenefits@dhw.idaho.gov

Illinois

SHD: (800) 889-3931

Indiana

SHD: (317) 233-1325

[Contact Form](#)

Iowa

SHD: (515) 281-7689

Kansas

SHD: (785) 296-1500

Kentucky

SHD: (502) 564-3970

Louisiana

SHD: (888) 342-6207

Maine

SHD: (800) 965-7476

[Contact Form](#)

Maryland

SHD: (410) 767-6500

[Contact Form](#)

Massachusetts

SHD: (800) 462-5449

[Contact Form](#)

Michigan

SHD: (517) 241-3740

simsT2@michigan.gov

Minnesota

SHD: (651) 201-5000

Mn.ehealth@state.mn.us

Mississippi

SHD: (601) 576-7400

ohrhelppdesk@msdh.ms.gov

Missouri

SHD: (800) 726-7390

info@health.mo.gov**Montana**

SHD: (406) 444-4084

Nebraska

SHD: (402) 471-3121

Nevada

SHD: (888) 333-1597

nvdhhs@dhhs.nv.gov**New Hampshire**

SHD: (844) 275-3447

New Jersey

SHD: (800) 328-3838

[Contact Form](#)**New Mexico**

SHD: (505) 827-2613

New York

SHD: (212) 639-9675

dohweb@health.ny.gov**North Carolina**

SHD: (919) 855-4800

North Dakota

SHD: (701) 328-2372

Ohio

SHD: (614) 686-1516

[Contact Form](#)**Oklahoma**

SHD: (405) 426-8000

Oregon

SHD: (800) 699-9075

Pennsylvania

SHD: (800) 254-5164

Ra-dhepcs@pa.gov**Rhode Island**

SHD: (401) 222-5960

[Contact Form](#)**South Carolina**

SHD: (800) 922-1594

South Dakota

SHD: (605) 773-3361

[Contact Form](#)**Tennessee**

SHD: (615) 741-3111

Texas

SHD: (877) 541-7905

[Contact Form](#)**Utah**

SHD: (801) 530-6601

Vermont

SHD: (800) 660-9997

Virginia

SHD: (804) 864-7000

Washington

SHD: (202) 442-5955

West Virginia

SHD: (304) 558-0684

DHHRSecretary@ww.gov**Wisconsin**

SHD: (608) 266-1865

Wyoming

SHD: (307) 777-7656

[Contact Form](#)

States with Consumer Assistance Programs

Some states offer help to consumers with health insurance issues through Consumer Assistance Programs (CAPs).

- [Arkansas \(AR\)](#)
- [California \(CA\)](#)
- [Connecticut \(CT\)](#)
- [Delaware \(DE\)](#)
- [District of Columbia \(DC\)](#)
- [Georgia \(GA\)](#)
- [Illinois \(IL\)](#)
- [Iowa \(IA\)](#)
- [Kansas \(KS\)](#)
- [Kentucky \(KY\)](#)
- [Maine \(ME\)](#)
- [Maryland \(MD\)](#)
- [Massachusetts \(MA\)](#)
- [Michigan \(MI\)](#)
- [Mississippi \(MS\)](#)
- [Missouri \(MO\)](#)
- [Montana \(MT\)](#)
- [Nevada \(NV\)](#)
- [New Hampshire \(NH\)](#)
- [New Jersey \(NJ\)](#)
- [New Mexico \(NM\)](#)
- [New York \(NY\)](#)
- [North Carolina \(NC\)](#)
- [Northern Mariana Islands \(MP\)](#)
- [Oklahoma \(OK\)](#)
- [Oregon \(OR\)](#)
- [Pennsylvania \(PA\)](#)
- [Rhode Island \(RI\)](#)
- [Tennessee \(TN\)](#)
- [Texas \(TX\)](#)
- [Vermont \(VT\)](#)
- [Virgin Islands \(VI\)](#)
- [West Virginia \(WV\)](#)